

CURRICULUM VITAE



Personal Details	
Full Name	NURFAZREEN AINA BT MUHAMAD NASHARUDIN
Title	DR
Position	SENIOR LECTURER

Department	E-mail Address	Area of Specialisation
Department of Professional Development & Continuing Education, Faculty of Educational Studies, 43400 Serdang, Selangor.	nurfazreen@upm.edu.my	Work and Organizational Psychology

Academic Qualification			
Certificate / Qualification obtained	Name of School / Institution	Year obtained	Area of Specialization
Bachelor Degree	UPM, Malaysia	2009	Human Development
Master Degree	UPM, Malaysia	2011	Community Development
Doctor of Philosophy	UM, Malaysia	2019	Work & Organizational Psychology

Scientific experience and Specialization				
Organisation	Position	Start service	End of Service	Specialization
Ministry of Education	Teacher	May 2012	August 2012	Teaching
Universiti Putra Malaysia	Research Assistant	July 2009	December 2009	Research
Universiti Putra Malaysia	Graduate Research Fellowship	Feb 2010	June 2011	Teaching & research
Universiti Putra Malaysia	Senior Lecturer	Feb 2020	Until now	Teaching & research

PROFESSIONAL QUALIFICATION

- **Speaker;** Performance Management and Succession Planning. Training for Ministry of Power, Energy & Mineral Resources, Bangladesh. 2020.
- **Speaker;** Co-Capacity Building Workshop on Work Quality in the Asia Pacific' Workshop, Asia Pacific Academy for Psychosocial Factors at Work, Ho Chi Minh, Vietnam, 2019
- **Speaker;** *Bengkel Pemukiman Sukarelawan Sosial Islam*, 2022.
- **Trainer;** International Malaysian Training Center, 2022.
- **Trainer;** Training of Trainer (TOT), 2023.
- **Co-fasilitator;** Writing Workshop at University Malaya, 2018-2019
- **Writer;** Write a proposal for Psychosocial Safety Climate vs. Innovative Climate research. University Malaya Research Grant, 2012.
- **Writer;** Write a book/report of Work-related Accidents and Injuries: What Organizations Should Do?. Research for SOCSO, 2012.
- **Writer;** Write a book of *Metodologi Kuantitatif dan Kualitatif dalam Sains Sosial*, Sub-topic Crossover, 2022.
- **Data encoding,** for Malaysia Youth Index Study. Research for the Malaysian Institute for Research in Youth Development, 2011.
- **Principle Investigator;** Longitudinal and Crossover Effect among Teachers in Malaysia. IPM-Grant. 2020-2024 (On-going)
- **Principle Investigator;** Burnout Intervention Model for Health Sector Workers in Malaysia. FRGS Grant. 2023-2025 (On-going)
- **Co-researcher;** Assessment of MyOHUN One Health Training Impact. MyOHUN Grant. 2020-2022.
- **Co-researcher;** The Integration of Work Ethics and Technology Acceptance Towards Enhancing Online Learning Environment Among Lecturers, 2020-2023.
- **Co-researcher;** Meneroka Keberkesanan Kepemimpinan Jawatankuasa Pembangunan dan Keselamatan Kampung (JPKK) dalam Membangunkan Komuniti Luar Bandar, 2020-2023 (On-going)
- **Co-researcher;** Assessing Students' Perception and Effectiveness of Extreme E-Service Learning for Volunteers through Online Training, 2021-2023.
- **Research skills;** Expert in using the strong method of research, specifically - Population study, Longitudinal design and Multi-sources, and Spillover-crossover concept. Excellent in using Structural Equation Modelling (SEM) of AMOS for Confirmatory factor analysis (CFA), mediation, moderation (two-way interaction/ higher order interaction), measurement invariance, hypothesis testing and to develop research model.

CONFERENCE/ WORKSHOP/ ACHIEVEMENTS		
YEAR	INFORMATION	LEVEL
2023	Speaker at 23 rd Asian Congress on Occupational Health, ACOH, Korean Society on Occupational and Environmental Medicine, EXCO Daegu, Republic of South Korea	International
2021	Speaker at the Joint Conference of the 19 th International Research Conference in Asia of The Academy of Human Resource Development & The 13 th Conference of The Asian Regional Association for Career Development, Malaysia	International
2019	Speaker at the 'Co-Capacity Building Workshop on Work Quality in the Asia Pacific' Workshop, Asia Pacific Academy for Psychosocial Factors at Work, Ho Chi Minh, Vietnam	International
2015	Speaker at the 11 th Industrial and Organizational Psychology Conference (IOP), Australian Psychological Society, Melbourne, Australia	International
2010	Presenter at the Science, Technology and Social Sciences Conference (STSS), UiTM, Pahang, Malaysia	National
2010	Presenter at the Social Sciences Conference, UPM, Serdang, Malaysia	University
2010	Attended at the Post-Graduate Seminar, UPM, Serdang, Malaysia	University
2009	The dean's Honors : Year 2007/2008-GPA 3.75 Year 2008/2009-GPA 3.89	University
PUBLICATIONS		
Journal	<p>Muhamad Nasharudin, N.A., Redzuan, M. & Abd Rahman, A.R. (2013). Factors contributing to individual capacity building levels among women entrepreneurs. <i>Pertanika Journal of Social Science & Humanities</i>. 21(2): 435-448 [Scopus-index]</p> <p>Redzuan, M., Abd Rahman, A.R. & Muhamad Nasharudin, N.A., (2012). Individual capacity building among small-business women entrepreneurs. <i>Journal of Southeast Asia Social Sciences and Humanities</i>. 82(1): 57-64 [Non-ISI/Scopus]</p> <p>Muhamad Nasharudin, N.A., Idris, M.A., Loh, M.Y. & Tuckey, M. (2020). The role of psychological detachment in burnout and depression: A longitudinal study of Malaysian workers. <i>Scandinavian Journal of Psychology</i>. 61(3), 423-435 [ISI-index]</p> <p>Muhamad Nasharudin, N.A., Idris, M.A. & Loh, M.Y., (2020). The effect of work conditions on burnout and depression among Malaysian spouses: A crossover explanation. <i>Journal of Human Behavior in the Social Environment</i>. 30(4), 429-446 [Scopus/ESCI-index]</p> <p>Muhamad Nasharudin, N.A., Idris, M.A. & Loh, M.Y. (2020). The effects of job demands on health and work outcomes: A longitudinal study amongst Malaysian employees. <i>PsyCh Journal</i>. 9(5), 691-706 [ISI-index]</p> <p>Muhamad Nasharudin, N.A., (2021). Longitudinal effect of emotional and physical demands on health-related behaviour among Malaysian workers. <i>Human Resource Management Academic Research Society</i>. 11(12), 112-124 [non-cited]</p>	

Muhamad Nasharudin, N.A. (2022). The influence of job resources on working husband, wife and child: A crossover of positive experience Human Resource Management Academic Research Society. 12(12), 407-423 [non-cited]

Muhamad Nasharudin, N.A. (2023). Work-family conflict and depressive symptoms among working couples: The spillover-crossover process. International Journal of Public Health Science. Accepted for publication. [ISI-Index/Scopus]

Muhamad Nasharudin, N.A. (2023). "The association between job resources, relaxation, work engagement and job performance: Mediation and moderation analysis," Submitted to (under review): Psychological Studies

Muhamad Nasharudin, N.A. (2024). "The interaction effects of job demands and job resources on employees' depression and physical health problems: The matching principles," Submitted to: SAGE Open

Muhamad Nasharudin, N.A. (2024). "Effect of psychosocial safety climate on psychological health of working couples," Submitted to: Cogent Psychology

Conference Paper

Muhamad Nasharudin, N.A. & Idris, M.A. "Spillover and crossover effect of burnout and depression: Malaysian working spouse experience," Proceeding of Conference 11th Industrial and Organizational Psychology, July 2-4, 2015

Muhamad Nasharudin, N.A., Emby, Z. & Redzuan, M. "Challenges faced by women entrepreneurs in an era of globalization," Science, Technology and Social Sciences Conference, June 1-2, 2010, pp. 769-777

Muhamad Nasharudin, N.A. "Longitudinal effect of job demands on health-related behaviour among Malaysian workers" AHRD-ARACD 2021 Conference, 11-13 November 2021.

Muhamad Nasharudin, N.A. "How psychosocial safety climate indirectly affects psychological health among working couples?" ACOH23 Conference, 22-25 November 2023.

Review Paper

Reviewer for International Journal of Manpower. 2019. (ISI/SSCI – Web of Science)

Reviewer for Personnel Review. 2020. (ISI/SSCI – Web of Science)

Reviewer for Open SAGE. 2020 & 2021. (ISI – Web of Science)

Reviewer for Stress and Health. 2022. (ISI – Web of Science)

Reviewer for PsyCH journal. 2022. (ISI – Web of Science)

Reviewer for BMC Public Health. 2022. (ISI – Web of Science)

Reviewer for BMC Psychology. 2023. (ISI – Web of Science)

Reviewer for Current Psychology. 2023. (ISI-Web of Science)